

Central E-cho

Central Mangrove Public School

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Principal: Lorene Alexander

Upward We Strive

Week 8 Term 2 - June 11 2010



National Reconciliation Week Activities



Congratulations to our students who participated in the Reconciliation Assembly last Friday. Students were told different stories by children reading and performing to explain how the echidna got its spikes. We found out that the spikes were formed when:

- its beautiful feathers were burnt off after the echidna caught fire when it drank medicine meant for sick people only;
- spears were thrown at the echidna because it took away the only shady tree; and
- the echidna ran through a grass tree and all the spiky leaves stuck into its back.

We also learnt a great new song called 'Hands Across Australia' which can be viewed on: www.youtube.com

Reconciliation Week celebrated the 10th Anniversary of the Sydney Harbour Bridge Walk to recognise the first 'Sorry Day'

Arriving too early at school.

Please note that children are not to arrive before 8:45am each morning as teachers are not on duty until then. They will be organising their lessons for the day or attending meetings but should not be relied upon to mind your children. Your child's safety is most important and under the Child Protection Policy cannot be at school unsupervised.



Calendar - Term 2

June 14	Monday	PUBLIC HOLIDAY
June 15	Tuesday	Active After School Sport
June 16	Wednesday	Book Mobile 2:30 - 3:30pm After School Sport - last session
June 17	Thursday	Sydney Cross Country
June 18	Friday	Inflataball Soccer Day K - Yr 6 Reports home
June 21	Monday	Caring for Country
June 22	Tuesday	ICAS Writing & Spelling Competition
June 29	Tuesday	SRC Fun Day K - Yr 6
June 30	Wednesday	Athletics Carnival Book Mobile 2:30 - 3:30pm
July 2	Friday	School Development Day - all teaching staff at Kariang PS for PD day.

Mr Murcott is Leaving

It is with regret that we must announce that Mr Murcott will be leaving our school at the end of term and returning to his home at Byron Bay for family reasons.

Mr Murcott has made quite an impact on everyone at our school. He has taught many children engaging them to learn in a very safe & happy classroom, and always kept a positive attitude to celebrate success and encourage participation in many learning programs. His commitment to environmental education has been a driving force in our school's achievements in environmental sustainability. We will miss him and wish him well in his professional career.

Change of Travel Arrangements

Please tell your children if there is a change in travel arrangements so that they know what is happening in the afternoon. Of course you may need to change the routine during the day and so please ring the office. We will inform the children so they know what is happening. But some children don't know what is happening and want us to ring home after school and this is too late if the bus is waiting to go.

Welcome to our Pre-Service Teachers

Two new pre-service teachers began at our school this week. Miss Fulcher is working with 6A and Miss Edgecumbe is working with K/1/2.

We hope that they have an enjoyable practicum teaching our students and learning more about the teaching profession.



Student Reports home next week

Student Reports will go home next week on Friday and we encourage parents to read them carefully and note all the positives in the report. Teachers are able to assess all work completed in class and make observations about student performance in relation to expected outcomes. Consistent teacher judgement is integral in grading performance and teachers use the curriculum standards as a benchmark.

Interviews will be available during the last fortnight of term so please contact your child's teacher so that you can discuss all details of the report.

Teachers see how hard our students work each and every day and hope that every report is valued for the effort that goes into achieving their best performance.

Winter Uniform

Cold weather is finally here! All students need to be wearing warm dry jumpers and good weatherproof footwear. Over the past few weeks a good number of non-school uniform items have been worn by many students. Black track suits pants and coloured jumpers are not part of our school's uniform.

We have a small supply of pre-loved jumpers and track suit pants (especially in small sizes) in our clothing pool. Prices range from \$2 - \$5 each. Please ensure all your child's clothing is clearly labelled. This ensures lost items are always returned to the correct owner.

News from the DET Webpage

Are your contact details up-to-date?

Please make sure you inform the front office if your emergency contact details have changed.

Make the school aware of any special family circumstances. Any changes to your child's family situation can impact on their emotional and academic well-being. Inform your child's teacher and principal about any changed circumstances so that the child can be supported if necessary. Examples of special circumstances include the birth of a sibling, divorce or the death of a loved one.

Internet safety tip

Encourage your child to talk with you about their online experiences - good and bad. This will make it easier for them if they see something inappropriate or are emailed something unsuitable. If they are embarrassed to tell you, persuade them to at least tell a teacher or another trusted adult.

More tips at www.schools.nsw.edu.au/click

Active After School Sport - AASCP

Our Term 2 After School Sport program concludes next week (Week 9). Last sessions will be Tuesday 15 and Wednesday 16 June.

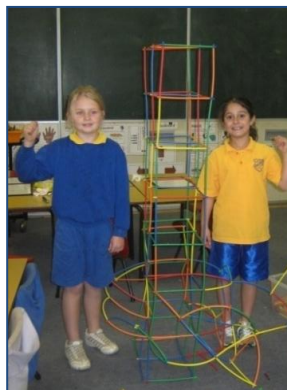
Thank you Mrs Julia Kostalas for volunteering to attend the next AASCP training sessions to be held during the school holidays. Julia will be our Term 3 presenter for the following sessions:

Mondays: Oz Tag **Wednesdays:** Cricket

Enrolment forms for the Term 3 program will be sent home with Week 10's newsletter.

CLASSROOM ACTIVITIES

Classes 2/3 and K/1/2 have been making some interesting models using equipment from the classroom. They made good use of their time while the power was out last Friday and we were all taking shelter from the storm.



Fundraising - 2010 -11 Entertainment Book

Limited supply - don't miss out - order your copy now!



The new 2010 - 2011 Book is now available @ \$60 each. This Entertainment Book features the best in dining, hotel accommodation, theatre, sports and much more.....all with 25% to 50% off or two-for-one offers. All offers are valid until June 2011. See attached RSVP order form to purchase your book now!

SRC Fundraiser - Crazy Hair/Sock Day & Fun Day

Thank you for your support. Our Crazy Hair & Sock Day raised \$66.

Watch out for Week 10's Newsletter for details of our next fundraising activity, SRC Fun Day. This is being held on Tuesday 29 June.



With lots of games and fun activities and a special lunch menu this will be a great way to celebrate the end of another very busy term.

Entry on the day will be a gold coin donation. Please see attached special lunch order form which must be returned to the school by Wednesday 23 June.

Kindergarten Enrolments for 2011

If you will be seeking enrolment at CMPS for your child to attend our 2011 Kindergarten class please return the attached RSVP slip to the school before the end of term. This will allow us to begin the planning process for 2011 classes. Please notify any families who do not have siblings at our school to contact the office.

Reminders

- Inflataball Soccer Day - Friday 18 June - Cost is \$2.50 per student and involves all students from K - Yr 6. Students are required to wear sports uniform on this day.

Attachments included this week are:

- ☐ SRC Fun Day Lunch Order Form.
- ☐ Athletics Carnival Order Form.

Sun Smart School



We have successfully qualified with the Cancer Council as a Sun Smart school. We do this by wearing our sun safe hats when we are outside and playing in the shade when the sun is too hot. We have put in place a sun smart policy and are endeavouring to reduce the unnecessary exposure to harmful sun rays. We plan outdoor lessons outside of the peak UV times and consider all sun protection measures when planning those lessons.

To support us in continuing to be a Sun Smart school please ensure your child brings their school hat to school each day and that it is clearly labelled with their name.

Check this out!

Check out the following website and see how a NRMA grant helps keep CMPS students road safe.

www.nrmabusinesswise.com.au



AFL Sport for Term 3

Next term sport will be on Wednesday. Children need to wear their sport uniform each Wednesday instead of Friday.

The sport will be AFL and will be presented by experts in this field. The cost is \$24 or \$3 per week. The children will receive a great AFL pack and will develop their gross motor skills including ball handling, running and dodging. These are some of the essential fundamental movement skills that need to be developed in primary school and form a major part of the sport curriculum.

Melissa Mackay - Sport Organiser

Athletics Carnival - Wednesday 30.6.10

*****Change from previously advertised date*****

This year's athletics carnival will be held in the last week of this term - Wednesday 30/6/10.

We would love to have parents help on the day with judging and recording. Please let the school know by returning the attached RSVP slip if you are able to assist.

The day will begin at 9.30 and will continue throughout the day with a break for lunch at 11.30.

Remember if you are attending that we are a sun safe school and you will need your hat as we are out in the open all day.

The kid's kitchen will be operating on the day so you may want to try some of the delicious food your children get to have at school. Please see attached lunch order form.

Environment Tip

'THINK GREEN - EAT GREEN'



It takes energy to transport and dispose waste in landfill sites. In addition decomposing food in land fill produces an extremely powerful greenhouse gas - methane. By composting, worm farming or having chooks, our food waste can be disposed of cheaply, easily, productively and environmentally.

When purchasing food it is important to consider where it has come from. How far has it travelled from paddock to plate? You can reduce your food miles by growing your own, supporting the local farmers markets, buy locally produced food and buy food in season.

AWARDS AND CERTIFICATES

TEACHER'S AWARDS: Term 2 Week 6



K/1/2	Jake A	Excellent effort in reading
	Thomas W	Fantastic writing skills
	Christopher	Setting an excellent example for others
	Alyssa	Interesting writing
2/3	Molly	Speaking clearly to communicate with her new class
	Isaac	Encouraging acceptance of individual ideas in a group in a respectful manner
4/5	Thomas C	For being such a friendly and polite student
	Declan K	For always being a hard worker
6	Sarah B	Outstanding Athletics results and work habits to always do her best.
	Connor	Mature and responsible worker with great school spirit.
	Hamish	Impressive improvement in attitude and in all academic areas.
	Nic G	Excellent application to increase learning outcomes in all aspect of school life.

PRINCIPAL'S AWARDS: Term 2 Week 6



K/1/2	Emmaya	Great echidna
	Sarah K	Great echidna
4/5	Ellena	Good Dragon Cinquain
	Tyler	Great 'Pocket Money' exposition
6	Amelia S	Outstanding handwriting in formal lessons and regular classwork.
	Nic G	Excellent presentation of Power Research in Science workbook.

Bronze Awards:

29/04/10



Ahmad, Isaac B, Sarah B, Hamish, Andrew, Nic G, Ciara, Blake K, Irene, Taylor, Amelia, Connor, Blake S, Callan, Heather, Stephanie, Oliver, Annabel, Aidan

Bus Awards:

- ☐ Kiara L for always sitting down and being quiet at all times.
- ☐ Harry B for being quiet and always facing the front.
- ☐ Nic G always sitting down and being quiet.
- ☐ Aaron K being quiet and sitting down on the bus.

Community News

The Central Echo contains, at times, paid advertisements. The publication of such advertisements does not imply endorsement of any products or services by the School, the NSW DET or NSW Government.

KULNURA HALL CAR BOOT SALE & FUN DAY

Sunday 27th June 2010 8am - Late \$10 per site.

Please Contact:

- Colleen - 43908152 or 0419466569
- Annette - 43561196
- Christine - 43761318 or 0412863552



Parents needed for online survey!

Researchers from the Queensland University of Technology are investigating parenting in the 21st Century and the relationship between parenting and children's and parent's wellbeing. We are looking for parents of primary school children in Australia to complete a 15 minute survey anonymously. Participants will go into the draw to win one of six \$100 Westfield or Coles gift certificates. To participate go to:

<http://survey.qut.edu.au/survey/169580/1ae7/>

For more information please contact Dr Jeneva Ohan on 07 3138 4544

Cyber Bullying & Safe Internet Use

Definition 'Wilful and repeated harm inflicted through the use of computers, mobile phones and other electronic devices.' (P Watt - The Read Clinic)

Where: Chertsey Family & Community Centre, Willow Drive Springfield (in ground of primary school) on Thursday 17 June from 7 - 9pm. ☎ 4325 9639 Christina McMahon

DIABETES; KNOW THE WARNING SIGNS

What is Diabetes:

- Diabetes is a condition where there is too much glucose (sugar) in the blood.
- Diabetes develops when the pancreas is either unable to make insulin or the insulin produced doesn't work properly.
- This leads to high blood glucose levels. If diabetes is not detected early the young person can become seriously ill very quickly.

Symptoms can include:

- Urinating a lot - you may notice extra toilet trips and unexplained bed wetting
- Losing weight - you may notice unexplained weight loss
- Lacking energy - the child may lack energy and be more tired than usual.
- Drinking a lot - the child may say they are thirsty all of the time and their thirst can't be quenched.

Could it be Diabetes?

If a child has any of these symptoms, it could be diabetes.

What to do next?

Seek medical advice straight away. Parents should ask a general practitioner (GP) to test their child for diabetes.

The GP will do:

- A finger prick blood glucose test or
- A urine test for glucose and ketones.
- If the doctor suspects diabetes, they will refer you to the emergency department immediately. **Don't delay the diagnosis**

What type of Diabetes could it be?

There are two main types of diabetes - type 1 and type 2.

They are different diseases and both need to be taken seriously.

Diabetes can affect children at any age.
For more information contact: 1300 136 588

Information provided by: Diabetes Australia & NSW Health

RETURN SLIPS

GARDEN CLUB SPONSORSHIP

Our family would like to provide the following sponsorship for the new galvanised planter boxes for installation into the school vegetable/herb garden.

Family Name: _____

Amount donated: _____

✂-----

2010 - 2011 ENTERTAINMENT BOOK ORDER FORM



Family Name: _____

Number of books required @ \$60 each: _____

Total payment enclosed: _____

✂✂✂-----

ICAS PERMISSION NOTE AND PAYMENT FORM

Subject	Cost	Payment By	Exam Date	✓exam chosen
English	\$6.60	25 June	3 August	
Mathematics	\$6.60	30 June	17 August	

Student's name: _____ Class: _____

Amount enclosed: \$ _____

✂✂✂-----

YEAR 4 - 6 ACADEMY OF SPORT CAMP PAYMENT

We ask all families with outstanding Camp payments to please forward full or part payments as soon as possible.

Student's Name: _____

Amount paid: \$ _____

K - Yr 6 INFLATABALL SOCCER DAY - 18 JUNE

I give permission for my child/children to participate in the Inflataball Soccer Day on 18 June. I have enclosed payment of \$2.50 per child.

Child's Name: _____ Class: _____

Child's Name: _____ Class: _____

Child's Name: _____ Class: _____

Amount enclosed: \$ _____

Signed: _____ Date: _____



ATHLETICS CARNIVAL HELPERS

I/ We are available to assist at the athletics carnival on Wednesday 30/6/10.

Name: _____ Contact No: _____

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2011 KINDERGARTEN ENROLMENT INTEREST FORM

I am /We are interested in child enrolling my child at CMPS for the 2011 Kindergarten class.

Parent's name: _____

Child's name: _____

DOB: _____ ☐ Male ☐ Female (please tick)

✂-----

AFL SPORTING PROGRAM

I give permission for my child/children to participate in the Term 3 AFL sporting program at a cost of \$24 per student.

Child's name: _____ Class: _____

Child's name: _____ Class: _____

Child's name: _____ Class: _____

Amount enclosed: \$ _____

Signed: _____ Date: _____

✂-----

TERM 3 ACTIVE AFTER SCHOOL SPORT PROGRAM

My child/children will be attending the Term 3 AASCP on the following days.

☐ Mondays - Oz Tag ☐ Wednesdays - Cricket

Child's name: _____ Class: _____

Child's name: _____ Class: _____

Child's name: _____ Class: _____

