



## Central Mangrove Public School

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Principal: Lorene Alexander

| TERM 4 | WEEK 4 | FRIDAY 1 NOVEMBER 2013

Welcome to our school.....



*Thank You*

to all the fantastic Grandparents for a making our Grandparents' Day so great!

We were delighted to see so many grandparents visit our school to celebrate Grandparents' Week. Some had memories of their children as well as grandchildren attending our school. Mrs Arnott can remember starting school herself when the school first opened in 1957. We are fortunate to have such happy and long associations with families who made our day so special and rewarding for children and teachers. Thank you Grandparents!

The top car park can be a dangerous place for young ones and we urge parents to be vigilant when driving in our car park. Please use the entrance and exit gates accordingly and park with rear to kerb. No children are allowed in the car park unless accompanied and supervised by a parent. With children's safety in mind we expect parents to pick up children by coming down to the assembly area outside the timber building. This ensures children are not wandering unattended at the front of the school. A strict slow speed limit must be observed by drivers in the car park to ensure everyone's safety.

A big thank you to all the drivers who found some precious time to transport our Year 5/6 students to the Personal Development Day at Wyong Grove Public School last week. We really appreciate your effort to ensure every child participated in the worthy learning program. A thank you also to Mrs Young, the principal for organising the day. Every student really benefited from the lessons involving self worth, developing strength in character for making friends and increasing resilience, considering personal goals and aspirations and understanding puberty.

November		Term 4 Week 5
Mon 4	5/6M Library; Kids Kitchen; AASCP; Last day Kindy Orientation	
Tues 5	K/1/2S Library; Scripture & Catholic Mass	
Wed 6	2/3/4G Lib ; AASCP; Gymnastics	
Thurs 7	Student Banking; Kid's Kitchen; Life Ed Van Visit	
Fri 8	Gymnastics	
		Term 4 Week 6
Mon 11	5/6M Library; Kids Kitchen; AASCP; Remembrance Day	
Tues 12	K/1/2S Library; Scripture	
Wed 13	2/3/4G Lib ; AASCP; Interrelate ; Book Mobile	
Thurs 14	Student Banking; Kid's Kitchen	
Fri 15	Gymnastics; Pink/Red Mufti Day (SRC Fundraiser)	
		Term 4 Week 7
Mon 18	5/6M Library; Kids Kitchen; AASCP	
Tues 19	K/1/2S Library; Scripture	
Wed 20	2/3/4G Lib ; AASCP (last session)	
Thurs 21	Student Banking; Kid's Kitchen	
Fri 22	Gymnastics (last session)	
		Term 4 Week 8
Mon 25	5/6M Library; Kids Kitchen; AASCP (last session)	
Tues 26	K/1/2S Library; Combined Scripture	
Wed 27	2/3/4G Lib; Lion King Matinee & Evening; Book Mobile	
Thurs 28	Student Banking; Kid's Kitchen; Yr5/6 League Tag Gala	
Fri 29	<b>GOLD Excursion</b>	
December		Term 4 Week 9
Mon 2	Swim School; 5/6M Library; Kids Kitchen	
Tues 3	Swim School; K/1/2S Library	
Wed 4	Swim School; 2/3/4G Lib; Yr6 HS Orientation Day	
Thurs 5	Swim School; Kid's Kitchen	
Fri 6	Swim School	
		Term 4 Week 10
Mon 9	Swim School; 5/6M Library; Kids Kitchen	
Tues 10	Swim School; K/1/2S Library	
Wed 11	Swim School; 2/3/4G Lib	
Thurs 12	Swim School; Kid's Kitchen	
Fri 13	Swim School	

Thank you to those families who have dug deep to find some tribal designs in scarves and materials that can be used for costumes in the Lion King. Please keep an eye out for some fabrics/scarves and send them in with a label. We also have some talented parents busy helping with props and teachers are full steam ahead with rehearsals. It's all happening at the CMPS Performing Arts unit!!

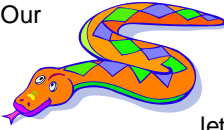
All families are invited to attend our Interrelate Family Evening Program on Wednesday 13 November. This is an essential program that all Yr 3/4 and Yr 5/6 students should engage in with the support of their parents.

Evening programs provide age-specific sessions of about one hour's duration.

- **Session 1** starting at 6:00pm sharp: 'Where Did I Come From' Years 3/4
- **Session 2** starting at 7:15pm: 'Preparing for Puberty' Years 5/6

Cost is \$25 per family for 1 session OR \$30 per family for both sessions. Families from other small schools also participate in this program and we encourage you not to miss this opportunity.

Would parents please make sure children leave their deodorants at home. We have discussed the benefits of using deodorant after a bath/shower. Teachers would really appreciate not be overwhelmed by the aromas of body odour combined with the continual use of strong fragrances during the day. Not to mention the safety factors involved with spray deodorants at school.

Our  Rainbow Snake is beginning to fade and we are seeking the help of any parents who would like to reinvigorate the colours with a coat of paint. Please let the office know if you are available to help out during school hours.

Such a pity the weather was not in our favour for the Fancy Dress Disco last week. We'll keep you posted on further arrangements.

Lorene Alexander  
Principal

## Reminders for Term 4



- Life Education Van – Thursday 7 November – cost \$9 (involves all students)
- Interrelate Family Program – Wednesday 13 November
- 'The Lion King' school Matinee and Evening Performance – Wednesday 27 November. Tickets on sale now!
- **GOLD** Excursion – Friday 29 November
- Swim School – 2 to 13 December – For **ALL** Yrs. 2 – 6 approx. cost \$75 per student.
- Year 6 Kariong High School Orientation Day – Wednesday 4 December
- Year 6 Farewell Dinner – Thursday 12 December – cost \$12 per student
- Yearly Student Reports home – Friday 13 December
- Presentation Day and Community Helper's Morning Tea – Monday 16 December
- Terrigal Beach Surf Day – Wednesday 18 December – last day of school for students

- School Development Days – staff only: Thursday & Friday 19 & 20 December.

## Gymnastics – extra day this week



We are having an extra Gymnastics session this week due to the Gold Excursion. Gymnastics will be held on 2 days this week being, Wednesday 6 and Friday 8 November. Students will need to wear their sports uniform on both of these days.



## The Lion King Tickets



Tickets for the 'The Lion King' evening musical performance are now on sale.

### Cost:

- Adults with BYO chair \$10
- Adults with chair hire \$12
- Children (school age only) with BYO chair \$5
- Children (school age only) with chair hire \$7



There is NO cost for CMPS's students as they are all performing on the night.

The \$2 chair hire charge will be used to support our Year 6 fundraising effort and monies will go towards their farewell gift to the school. Chairs can be pre-ordered as well as being available on the night.

Please refer to the attached RSVP order form to purchase your tickets. By purchasing your tickets before the night you will go into the draw for a special lucky door prize. Tickets may also be purchased from the school office.

## Performing Arts Raffle

As previously advertised the draw of our major raffle for the year is now being drawn at the Lion King performance. Thank you to the families who have already returned their sold tickets and monies to the school office.

Extra books of raffle tickets are available from the school office. Your support in this fundraising event is greatly appreciated as all monies raised support our Performing Arts program and allow us to purchase lighting, costumes and props for our annual school musical.

## Morning Tea Helpers for Matinee Performance



We are seeking helpers to assist with serving the morning tea for our invited guests coming

to the Matinee Performance on Wednesday 27 November.

If you are available to assist with this request please return the attached RSVP. Thank you.

Our P&C would also appreciate donations of cupcakes to serve for supper on the performance evening. Tea/Coffee, hot chocolate, refreshments and other treats will also be available on the night.

### Keeping Family Information Up-to date

Please keep the school office advised of any changes to your family's details eg address, home phone/mobile or emergency contacts.

It is also imperative that the school have your child's current medical conditions recorded eg. Asthma, allergies etc. at all times. A special DEC form must be completed for any student with medical concerns. These are always available from the school office.

If medication is required to be given to a student during the school day, written instructions must also be provided.

### Music Stars - Expression of Interest

In the last Central Echo we included a flier promoting a group music tuition at CMPS for keyboard and guitar lessons in 2014.

Thank you to the 5 families who have expressed an interest in this program and returned the EOI RSVP form.

We request that families who have expressed an interest in this program now enrol online using: [www.musicstars.com.au/enrol](http://www.musicstars.com.au/enrol). Payment is not required until 2014.

Please contact the school if you missed this information and wish your child to participate in the program in 2014.

### Uniform Shop

Uniform order forms available from the school office. The Uniform Shop is open from 8:45 – 9:15am on the following days:

- Monday 11 November
- Monday 25 November
- Monday 9 December

### Scripture News

All Catholic Scripture students are invited to the Annual St Patrick's Parish Mass on Tuesday 5 November from 1:00pm at St Francis of Assisi Centre 30 Lutana Road, Somersby.

Students will be accompanied and supervised by an SRE teacher. Travel is by bus to and from the school. Light refreshments will be served in the church grounds.

Parents, grandparents and friends of the students involved are warmly invited to attend.

Please ensure your child's permission note handed out at last week's scripture class is returned to the school.

### Bus Passes for 2014

All current Year 2 students have now been given a new bus pass application for free bus travel in 2014. Please return the completed application form to the school office ASAP in order for Busways to process and send bus passes to the school in time for the start of the new school year.

### Statement of Account

Statement of accounts have been forwarded to all families last week.

Please contact the school if you need to discuss a payment plan, arrange for an internet banking option or have a concern with this account.

## COMING EVENTS



### 2014 Year 7 Parent Information Evening @ KMHS

All families with Year 7 students attending Kariong Mountains High School in 2014 have been invited to attend a Parent Information Evening at the High School on Wednesday 6 November from 6:30 – 8:30pm.

This information session will provide opportunities for questions, school tour, uniform display, meet the Year Adviser and Executive Staff and well as general information about what will happen at the school in 2014.

### Life Education Van Visit - Thursday 7 November



The Life Education Van visits our school on Thursday 7 November. This program involves all students from K to Year 6. Cost is \$9 per student. Please forward payment ASAP.

Attached also is a 'Harold Merchandise' order form for students wishing to purchase items for the Life Education Van.

### SRC Mufti Day - Pink /Red Theme

All students are invited to wear pink and/or red to school for our Mufti Day on Friday November 15. For this privilege students are asked to make a gold coin donation to help raise money for Central Coast Kids in Need. Icy poles will also be sold on this day for 50 cents each.

Please remember to be Sun Smart when wearing mufti to school:

- All T-shirts & tops must have shoulders covered
- Sensible shoes (no bare toes) and Hat



Protect yourself in five ways from skin cancer



## 2013 Swim School Program - 2 to 13 December



All families should have by now received a information and permission sheet regarding the 2013 School Swim School Program.

This program involves **all students from years 2 to 6**. Cost of this program is \$75 for the 9-day program for Years 2 – 5 students and \$67.50 for the 9-day program for Year 6 students who will attending the Year 6 High School Orientation Day during the program. This costs is for bus travel and pool entry ie. \$7.50 per day. There is **NO cost for the swimming lessons**.

Please return the permission note with a \$10 deposit by Friday 8 November and full payment by 28 November.

## GOLD Excursion - Friday 29 November



A special **GOLD** excursion has been especially organised for all students who have received their True Blue Gold Certificate for successful learning and behaviour.

Students will be travelling by bus to Gosford Indoor Bowling Centre for a game of indoor bowls then the bus will take them to Gosford Waterfront for a picnic lunch with a special treat of 'hot chips, a drink and icy pole'.

If your child is involved in this excursion they will receive their permission note shortly. Please returned the permission note and payment to by 22 November.



On Monday Lachlan, Emmays, Tom, Jye, Ramani and I went to the Eco Gardens. I learnt what ecology means. It means wherever I go I take care of myself, others and plants and lots more.

By Toby

On Monday 28/10/13 six year four students went to Kariong Eco Gardens. We had lots of fun and learnt what ADAM means. It means Air Diversity Aliveness Mositure.

By Tom

It was lots of fun going to the Eco Gardens. We spoke about plants, compost and Bush Tucker. We had 3 different groups. In Diversity we talked about things you can put in the compost. In Moisture we watered the plants and in Air we used the tumbler.

By Ramani

On Monday we went to the Eco Gardens at Kariong. First we had a talk from Peter who works at Sydeny Eco Gardens and he brought a handrum to show us. After that we were put into groups for activities. Then we had lunch and came back to school.

By Lachlan

At the Eco Gardents we did four activities and they were fun. There were lots of worms in the worm farm and the gardens had lots of plants.

By Jye

## In the Spot Light



## Kariong Eco Gardens Visit



### Report written 2/3/4G students:

It was Monday 28 November when the six of us went to Kariong Eco Gardens. There was a worm farm and we were sent up to the grounds. It was lots of fun and a man did music on a handum. It made a very lovely sound.

By Emmaya

## Yr 5/6 Personal Development Day

On Wednesday 30 October year 5 and 6 went on an excursion to Wyong Grove PS. On the day we did four rotations. The first rotation was about Pubity and what happens when you grow up. The second rotation was about Purpose. In Purpose we learnt to think about ourselves in a positive way. The third rotation was about Strength. In Strength we did yoga and lots of exercise. Our last rotation was about Worth and how to look after ourselves. At the end of Worth we were given some perfume and other things. It was a great day.

By Michaela 5/6M

On the PD Day at Wyong Grove PS the boys and girls were split into boys and girls groups. I was in the boys group and we went to the OASIS Sport Centre. We played Dodge Ball to learn about good sportsmanship. We also learnt about how drugs are addictive and how they can affect your learning at school and at work.

By Ryan 5/6M

## HEAD LICE WARNING!!



Please check your child's head tonight for head lice treat accordingly. If we work together we can eliminate the problem quickly.

### Community Notices –and Holiday Activities

*The Central Echo contains, at times, paid advertisements. The publication of such advertisements does not imply endorsement of any products or services by the School, the NSW DEC or NSW Government*

## Student Banking News

### Headphones, Calculator, Moneyboxes, Hand Ball & Knuckles

**Important:** Our Dollarmites Moneyboxes will no longer be available from next year. Some rewards are in limited supply and are on a "while stocks last" basis.

**IT'S TIME TO TRADE IN YOUR DOLLARMITES TOKENS FOR A REWARD.**

### From the DEC Web Page

#### NSW public school terms and holidays

Here's a snapshot of NSW public school terms and holidays for 2013 – 2015 .find out more:

<http://www.boardofstudies.nsw.edu.au/events/vacations.html>

#### Jargon explained

If your child's teacher mentions G&T in the COLA, she's actually talking about gifted and talented classes being held in the covered outdoor learning area.

More school jargon explained:

<http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/school-jargon-busters>

#### Home safety

About 50 children fall out of windows or balconies in Australia each year. Spring is a good time to install a window lock to limit how far it opens.

It's this easy: <http://bit.ly/1dRpQw5>

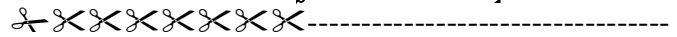
#### Where's the octopus

Wow - it's videos like this that show kids how cool studying science can be. Watch it with them:

<http://www.youtube.com/watch?v=aoCzZHcwKxI&feature=youtu.be>



Proudly presented by  
Central Mangrove PS Students  
on Wednesday 27 November at 7pm



### The Lion King Ticket Order Form



Family name: \_\_\_\_\_

I wish to purchase the following tickets.

Please indicate number of tickets required.

- Adults with BYO chair \$10 = \_\_\_\_\_
- Adults with chair hire \$12 = \_\_\_\_\_
- Children with BYO chair \$5 = \_\_\_\_\_
- Children with chair hire \$7 = \_\_\_\_\_
- Program of Performance \$2 \_\_\_\_\_

There is NO cost for CMPS's students as they are all performing on the night.

The \$2 chair hire charge will be used to support our Year 6 fundraising effort and monies will go towards their farewell gift to the school.

Amount enclosed: \$ \_\_\_\_\_


=====

### Lion King Matinee Kid's Kitchen Helper


- YES, I am available to assist with morning tea for our guests attending the Matinee Performance
- Yes, I am able to provide cupcakes for the evening performance supper.

Name; \_\_\_\_\_

Contact number; \_\_\_\_\_

<b>TEACHERS AWARD TERM 4 WEEK 2</b> 		
<i>Class</i>	<i>Name</i>	<i>Award</i>
K/1/2S	Mikayla	A fantastic start at CMPS
	Jazmine	Outstanding work with money
	Teagan	Outstanding work with money and trading
	Riley	Fantastic independent writing
<b>2/3/4G</b>		
2/3/4G	Thomas W	For writing an excellent, exciting and descriptive orientation for his narrative about the Amazon
	Noah	Improved quantity and quality of work
	Nicholas	Excellent results in spelling
	Daniel	Excellent results in spelling
	Jake	Improved effort and results in all areas
<b>5/6M</b>		
5/6M	Thalia	Fantastic use of reading strategies in independent reading
	Kallie	Great effort in research, note-taking and report writing
	Jessie	Always working hard and doing her best.

<b>PRINCIPAL'S AWARD TERM 3 WEEK 6</b>		
<i>Class</i>	<i>Name</i>	<i>For</i>
K/1/2S	Claire	Beautiful handwriting
	Matthew	Beautiful handwriting
2/3/4G	Brianna	
	Abbey	
5/6M	Ryan	Fantastic handwriting
	Laila	Fantastic handwriting
<b>BRONZE Award</b>		
K/1/2S	18/10/13	Jazmine & Riley
2/3/4G	11/10/13	Caitlin & Lachlan
<b>SILVER Award</b>		
5/6M	20/09/13	Alex, Aaron, Matthew, Abi
	18/10/13	Abby
<b>GOLD Award</b>		
5/6M	11/10/13	Katie
	18/10/13	Jessie & Michaela

<b>TEACHERS AWARD TERM 4 WEEK</b> 		
<i>Class</i>	<i>Name</i>	<i>Award</i>
K/1/2S	Missy	Clever work with recognising and using money
	Elias	Being an enthusiastic class member
	Monty	Being a mature & independent worker
	Olivia	Fantastic work in Division
<b>2/3/4G</b>		
2/3/4G	Teygan	Improve effort & results in literacy
	Tom	Thinking mathematically when calculating
	Jye	Working efficiently
	Alex	Self-correcting when reading an checking it makes sense
<b>5/6M</b>		
5/6M	Declan	Pleasing results in mathematics
	Michaela	A well written information report on suspension bridges
	Isaac	Pleasing effort & results in mathematics
	Laila	Fantastic work on literacy contract

<b>PRINCIPAL'S AWARD TERM 3 WEEK 6</b>		
<i>Class</i>	<i>Name</i>	<i>For</i>
K/1/2S	Zander	Great work in our Celebrations Unit
	Kaylar	Great work in our Celebrations Unit
2/3/4G	Emmaya	Rainforest Questioning... I wonder
	Nicholas	Rainforest Questioning....I wonder
<b>GOLD Award</b>		
K/1/2S	29/09/13	Hugh, Kaylar, Monty, Summerlilly, Matthew, Quin, Mattius, Teagan
	11/10/13	Emma, Drew & Claire
	18/10/13	Elias
	25/10/13	Johny & Josie
2/3/4G	25/10/13	Phoebe, Jake, Ramani, Sarah, Emmaya & Thomas W
5/6M	25/10/13	Laila & Daniella



