

Central E-cho

Central Mangrove Public School

Respect, Safety, Personal Best



1708 Wisemans Ferry Road
Central Mangrove NSW 2250
T 02 4373 1156
F 02 4373 1051
E centmangro-p.school@det.nsw.edu.au

20 November 2020

TERM 4

WEEK 6

Principal's Message

Dear Parent/Carers,

Kindergarten 2021 Transition Program

We have been very excited to have our Kindergarten 2021 visiting our school for the Transition Program. They have participated in the morning rotations, had tours of the school and visited the playground. They have two more sessions to go. We look forward to seeing them back at the start of 2021.

Term 4 and End of Year Events

The end of year becomes very busy for families. You may like to save these dates. Central Mangrove Presentation Morning will be held at the school under the COLA 9.30am, Wednesday 9 December and our Year 6 Farwell, for both year 5 and 6 students, on Tuesday evening 15 December at Mangrove Mountain Golf Club. We look forward to sharing these events with you. The last day of Term 4 will be Wednesday 16 December.

Year 6 to 7 Transition

Our year 6 students will be visiting Kariong Mountains High School over the next couple of weeks to participate in orientation activities. They will have the opportunity to meet and work with the high school teachers and year 6 students from other local primary schools.

Fun-a-thon

Stage 3 are busy preparing their activities for the Fun-a-thon on Friday 4 December. Students are asked obtain as many sponsors/donations as possible through family/friend contacts. They are then to bring their Sponsor Card to school on or before Friday 4 December 2020 and have their card stamped as they participate in each activity. Students will then take their Sponsor Cards back



CALENDAR DATES

WEEK 7 — TERM 4 2020

Mon 23 Nov	Library
Tues 24 Nov	Kindy Transition 9.30 - 11.00am
Wed 25 Nov	Breakfast Club Jump Start Yr 6—Yr 7 KMHS
Thurs 26 Nov	Student Banking

WEEK 8 — TERM 4 2020

Mon 30 Nov	Library
Tues 1 Dec	Orientation Day Kariong Mountains High School. Kindy Transition 9.30 - 11.00am
Wed 2 Dec	Breakfast Club
Thurs 3 Dec	Student Banking
Fri 4 Dec	Breakfast Club Fun-A-Thon

UPCOMING DATES

Wed 9 Dec	Presentation Morning 9.30am Sponsorship Cards returned
Fri 11 Dec	Fun-A-Thon draw Semester 2 Reports
Tues 15 Dec	Farewell Yr 6 Mangrove Mountain Golf Club. (Yr 6 & 5 students)
Wed 16 Dec	Last day for Term 4
Fri 29 Jan	Yrs 1 – 6 Return

home to collect the sponsorship money and **return their card and money to school by Wednesday 9 December 2020**. Each student will receive a ticket for participating and for each \$10.00 raised students will obtain an extra ticket in the prize draw. Funds raised will help to purchase resources for our students.

**Term 4 Week 3 Assembly Award recipients –
Congratulations**

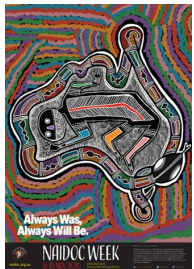


Remembrance Day

Our Student Leaders led our service on Wednesday. Lest We Forget.



NAIDOC Week



NAIDOC Week 2020 was held from 8 – 15 November. It was an opportunity for us at Central Mangrove PS, and all Australians to come together to celebrate the rich history, diverse cultures and achievements of Aboriginal and Torres Strait Islander peoples as the oldest continuing cultures on the planet. Always Was, Always Will Be.

'Toonschool' Cartooning Workshop

We were fortunate to be able to offer a cartooning workshop here at Central Mangrove Public School on Tuesday. Students had the opportunity to develop their skills in cartooning and focused on sense of wellbeing and respect, encouraged creativity and self-expression.

TEACHER AWARDS TERM 4 WEEK 5

CM1	
Thomas	Consistently demonstrating our school values
Charles	Working hard to do his personal best
Sheng	Working hard during maths lessons
CM2	
Zahara	Always listening and trying her best
Taylah	Making big efforts to understand fractions
Connor	Trying his best in spelling
CM3	
Evie	Improvement in writing skills
Ella	Improvement in writing skills
George	Enthusiasm for science research
PRINCIPAL AWARD TERM 4 WEEK 5	
CM1	
Sheng	Being a positive and respectful student
CM2	
Makayla	Demonstrating her personal best in the things she does
CM3	
Evie	Demonstrating great gymnastics skills

Sport

We have been fortunate to be able to use the Sport In Schools funding to deliver two sports this term. Students are participating in a Gymnastics Program on Tuesday afternoon and Golf Skills session on Friday mornings.



Libby Cullen
Principal

All students will be participating in the Fun-A-thon on Friday, 27 November.

Amended Date!!
Friday 4 December

They would like sponsors to help raise money.



There will be a prize draw for all participants.

The person who raises the most money will win:



1st - Inline + Roller Skate Combo



2nd - Mini Skateboard

Some of the great prizes for the Fun-A-Thon



Enrol now for Kindergarten 2021



~Kindergarten Transition begins in November 2020~



Engaging



School Readiness



Orientation

At Central Mangrove Public School, our Transition Program is all about the students being ready and feeling comfortable in preparation for our school.

Transition reduces feelings of anxiety for both parents and children through familiarising your child with their new school.

Transition Days
Tuesday

10, 17, 24 November & 1 December 2020
9:30 am — 11:00 am

During the Transition sessions, your child will participate in a range of fun and educational activities similar to the activities that occur in a Kindergarten classroom.

- Rotation groups
- Independent activities
- School tours
- Classroom visits



Sessions will be held in CM1 Classroom

From the Office

Year	Event	Payment Amount	Date Due
6	KMHS Meal Deal		25.11.2020
K-6	BookClub Orders		26.11.2020
K-6	Fun-A-Thons Sponsor Cards		4.12.2020



NAIDOC



'Toonschool' - Cartooning Workshop



Cyberbullying

With increasing time spent online, you might be worried about your child and cyberbullying. Understanding cyberbullying can help you to support them to stay safe online.

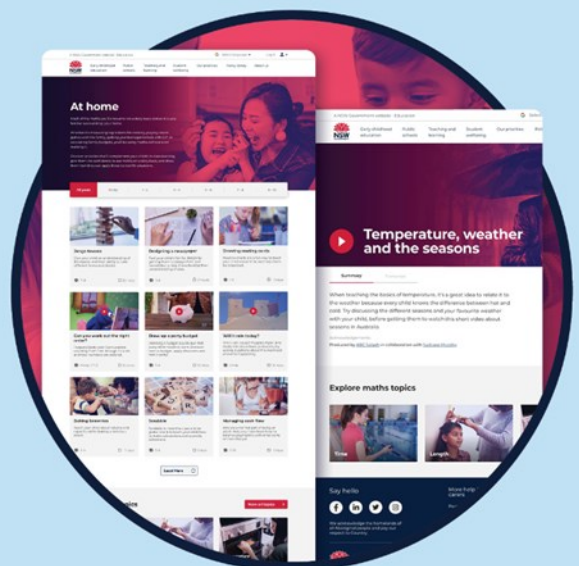


Conflict between young people is a normal part of growing up, cyberbullying is not

<https://kidshelpline.com.au/parents/issues/cyberbullying>

Explore the
Everyday Maths Hub >

education.nsw.gov.au/everyday-maths





What is online bullying?

Online bullying – or cyber-bullying – is engaging in bullying behaviour using technology such as the internet or mobile devices. Online bullying is different from other forms of bullying several ways:

- It is more likely to happen outside school.
- Material can be shared quickly and long after the first incident.
- It can happen anytime, day or night.
- It is more difficult to defend yourself or get away.

What does online bullying look like?

Online bullying may include sending abusive messages, posting hurtful or threatening material on social media, imitating or excluding others online and making inappropriate comments on posts or pictures.

How do I know if my child is being bullied online?

The following behaviours may indicate your child is upset by something happening online:

- being hesitant about going online
- seeming nervous when an instant message, text message or email appears
- being visibly distressed after using a computer or mobile device
- suddenly avoiding the internet
- closing a laptop or hiding a mobile device when others enter the room.

How can I keep my child safe online?

Be aware of the age restrictions for the sites and applications your child wants to use, and remind them not to share their passwords or personal information with others.

Talk with them about how they use the internet and mobile devices and understand the privacy settings. Make sure they know they can tell you or another trusted adult if they are being bullied online.

What can I do if my child is bullied online?

There are lots of things you can help your child to do if they are being bullied online:

- remind your child not to respond or retaliate
- keep a record of any incidents of online bullying for example take screenshots
- block or delete the user who is bullying
- remind your child to change their privacy settings
- contact the service provider – they can help to block messages and calls
- report the bullying.

How to report online bullying?

Keep records or screenshots of calls or messages that are offensive or hurtful.

If the bullying is related to school, contact the principal to report what has happened and work together to resolve the issue.

Call the police if your child is physically threatened, and report serious online bullying behaviour to the Office of the eSafety Commissioner.

Useful websites:

- <https://antibullying.nsw.gov.au>
- www.esafety.gov.au
- www.bullyingnoway.com.au
- www.kidshelpline.com.au