

# Central E-cho



## Central Mangrove Public School

Respect — Safety — Personal Best

1708 Wisemans Ferry Road Central Mangrove NSW 2250

T: 02 4373 1156

E: centmangro-p.school@det.nsw.edu.au

W: www.centmangro-p.schools.nsw.edu.au

11 August 2022

TERM 3

WEEK 4

### Principal's Message

What a busy time we have had. Lots of variety and fun learning opportunities across the school. We have celebrated Education Week and the theme *Creating Futures – Education changes lives*. All students were learning to research and write information reports in preparation for our class speeches and we held our school Spelling Bee. On top of that we also had the final production and filming of our Wakakirri item which was wonderful and then we ended the week by having the community in to support us while we participated in field events. Thank you everyone for supporting our students and Creating Futures.

#### Wakakirri - Dancing Through The Decades Radio Ga Ga

Our Wakakirri – National Story-Dance entry for 2022 is complete. We are so very proud of our students and impressed with the effort and commitment they demonstrated when filming the final production. It looks fantastic and we cannot wait to share it with everyone. I would like to acknowledge Lara, our fabulous dance teacher who worked with us over a period of 8 weeks to create this story dance. We all had a lot of fun and worked through some interesting challenges. We also thank Mr Burns, from Kariong Mountains HS who filmed and produced the final production. It has been a wonderful experience for us all and I'm sure the students will remember the production and share their memories long into the future.



#### **CALENDAR DATES**

#### WEEK 5 - TERM 3 2022

Tues 16 Aug	Library		
Wed 17 Aug	Breakfast Club Musica Via Money Due		
Thur 18 Aug	Breakfast Club		
Fri 19 Aug	Breakfast Club		
WEEK 6 - TERM 3 2022			
Tues 22 Aug	Breakfast Club Library		

Tues 23 Aug
Bookmobile
Music Aviva—Peats Ridge PS

Thur 25 Aug Breakfast Club

Fri 26 Aug Breakfast Club Zone Athletics



#### **CMPS Field Events – Friday 5 August**

Last Friday, 5 August all students K-6 were involved in long jump, shot put, discus and running activities on the day. Please join us and support our students in these events.

## Small Schools Athletics Carnival Friday 12 August

Today all student K-6 have joined with Peats Ridge PS, Somersby PS, Kulnura PS, Wyong Creek PS and Jilliby PS to participate in the Small Schools Athletics Carnival at Mingara Athletics Centre. I'm sure it will be a wonderful day and will share photos of the day in the next newsletter.

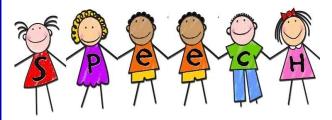
#### **Central Mangrove PS Spelling Bee**

We held our school Spelling Bee last week. I congratulate Gurwak, Max, Melvin, Leela, William, Elise, Sarah, Sheng, Zoey and Jackson for participating in this event. It is very challenging spelling words aloud in a given time with an audience. Both William and Sheng won their stage category and are now able to participate in the Premiers Spelling Bee later in the term. We wish them well.



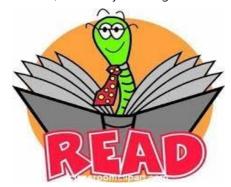
#### **CMPS Public Speaking – Friday 19 August**

All students are expected to prepare and present a speech to their class in week 6. Speeches are due back to school next week, Friday 19 August. Students will then be chosen to represent our school at the Central Coast Public Speaking Competition in the last week of term 3. We look forward to hearing their wonderful speeches.



#### **Home Reading - Thursday 18 August**

We encourage all students to read each night and complete their Home Reading Card. The students winning the gift vouchers have certainly enjoyed the opportunity to choose their books from the scholastic collection. Even listening to someone read can count as time. Those students that have read at least 20 nights over 5 weeks will be entered in a class lucky draw to earn a \$20 scholastic gift voucher to purchase a book from the next Scholastic Book Club. Home Reading Cards are due back next week, Thursday 18 August.



#### **Musica Viva – Tuesday 23 August**

This term our students will have the opportunity to experience a live music performance through the Musica Viva program – Music in my Suitcase. Each class is engaging in a music program with Mrs Freestone. They will be learning about the music and instruments involved in this concert. In the Music in my Suitcase program the Mara! band share songs from many different cultures that they learnt abroad and right here in Australia. They use music as the common language because it is fun and it helps us to understand and connect with others, which can change our lives. This unique world music ensemble blends traditional vocal and instrumental repertoire from many countries with modern jazz improvisation. We will be joining other small schools at Peats Ridge PS on Tuesday 23 August for this event.



Music in my Suitcase

#### PSSA Small Schools Soccer Tuesday 30 August

Our school soccer team has made it to the third round of the competition and are scheduled to play Trundle PS. Due to the distance between our schools we have organised to play the game at Lithgow on Tuesday 30 August. Both round 3 and 4 will be played on that day. Cumnock PS and Iona PS will be playing at the same time we play our game and then the wining teams will play the 4<sup>th</sup> round on the same day. Permission notes went home this week. Happy travels and good luck.



#### **Kindergarten Enrolments for 2023**

Enrolments for our 2023 Kindergarten cohort are now open. If you have a child starting school next year please visit our web page and fill in the online enrolment. You can also call or drop into the office to collect an information pack, ask any questions and organise a time for tour of our wonderful school. Kindergarten orientation sessions will take place in Term 4.

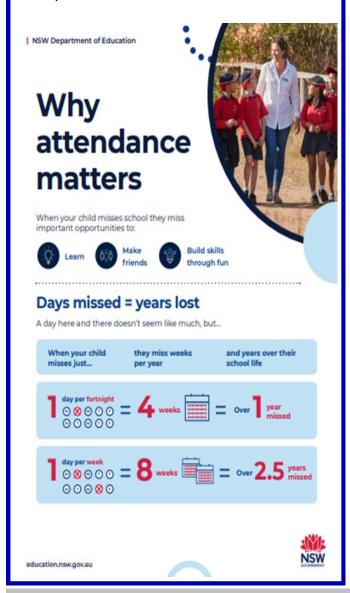
#### **COVID Measures**

All students, staff and their families should follow NSW Health's advice to reduce the risk of not only COVID-19, but also other illnesses that may affect schools this winter such as the flu. Please continue to reinforce the following NSW Health messages with your students, staff and families:

- Stay home if unwell or showing even the mildest of symptoms.
- Get tested immediately for COVID-19 if you become symptomatic and isolate until you receive a negative result and are symptom free.
- Keep up to date with vaccinations including COVID-19 booster shots when eligible and the flu vaccine, which is available from your local GP, pharmacy or Aboriginal Medical Service.
- Practice good hand hygiene by washing regularly with soap and water.

Take a RAT before visiting vulnerable loved ones or going to large gatherings and events.

# Libby Cullen **Principal**



# **Creating Futures Education changes lives**

Dancing Through the Decades Radio Ga Ga















### Spelling Bee, Science, CM2 spelling, Education Week Open Day (field Events)



























































From the Office			
Year	Event	Payment	Date
		Amount	Due
K — 6	Vol School Contribution	\$ 50.00	OVERDUE
K — 6	Paper levy, Technology Fees	\$ 25.00	OVERDUE
K — 6	Music Aviva	\$ 7.00	17 Aug



### Kariong Mountains High School - Science Week

Kariong Mountains High School is delighted to be able to host the Science Week activities for the primary school students. After the COVID hiatus, we will be welcoming the Kariong Mountains Learning Community primary schools to a day of Science fun on Wednesday the 31<sup>st</sup> August, week 7.

The theme of Science week is glass – more than meets the eye.

Glass is massively important in our world and particularly in applications of Science. Our entire telecommunications industry depends on glass through optical fibres to transmit billions of streams of data each second. Then of course glass is used in scientific containers, microscopes, telescopes, lenses, televisions, scientific equipment, windows etc.

The students will take part in 5 scientific activities where once again they will be taught by the year 9 selective science students.

A feature of our science week activities is the expo evening from 6pm to 7.30pm on Wednesday 31<sup>st</sup> August. We invite families to come and view the projects that our selective science students are submitting in the Young Scientist Awards competition and view the displays setup by the primary schools. We will also have a room featuring the contribution glass makes to Science.

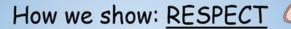
We hope to see you at the high school to celebrate the work your children do in exploring the world of Science

Jamie Cartner Head Teacher Science Kariong Mountains High School

## **Positive Behaviour for Learning**

The school's discipline code is built on the fundamental beliefs that our school will be a safe and happy learning environment when all students learn to accept responsibility for their own learning and behaviour within a caring and supportive environment. Student responsibilities at our school are to follow these values: safe, respect and personal best. Our focus this fortnight is Playground.

**Expectations: Playground** 



Share friends, equipment and space





How we show: SAFETY

Walk around the equipment

How we show: PERSONAL BEST

Use equipment properly

Play games fairly





#### Integrity



# Welcome to the Central Mangrove Public School HOME READING PROGRAM

Kids can get so much fun, adventure and ideas from reading books. We're asking kids to get into books by reading for at least 20 minutes each night for 5 weeks. We invite them to join the Central Mangrove Public School Home Reading Program with a chance to win a book voucher.

Central Coast Select Properties is proud to partner with your school. The kids that join the program will be entered into a class draw for a \$20 Scholastic Book Voucher.

We are proud to support the school by sponsoring the Home Reading Program initiative, and welcome all the kids to pick up a book and start reading.

Yours Sincerely,

Tony Gilmour Principal | L.R.E.A. Kate Kerslake Sales Agent

#### Meet our team



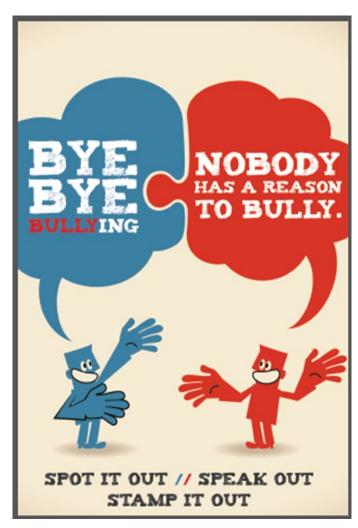




Office Address: Suite 1, 2/872 Pacific Highway Lisarow NSW 2250

P: (02) 4324 8486 E: info@ccselect.com.eu ABN: 45 163 916 881





# Nutrition Snippet

Pack a food safe lunch box



Check out our <u>blog</u> for all you need know.

TIP: Freeze a bottle of water overnight, add to the lunch box in the morning to keep food cold.

For other tips and more visit: healthylunchbox.com.au



